## October 2024

## **Management Team**

(Available Monday - Friday) Tahjai Rougeau~ Administrator Heather Dugan~ Home Manager Tahjai & Heather~ Dietary Manager Cecilia Bartley ~Life Enrichment Coordinator Keith Harris~ Maintenance Manager

## **Retirement Living Management's** Other Locations are:

Chestnut Fields - Muskegon Green Acres - Allendale, Cadillac, Cedar Spring, Fremont, Ionia, Lowell, Manistee, Mason, Mt. Pleasant, Standale, Wayland

Nottingham Place - Midland Royal View - Mecosta Turning Brook - Alpena;













The desire of Retirement Living is to honor God by providing the elderly with a lifestyle that values their identity, their independence, and their dignity.

## From the pen of the Administrator

Hello Residents & Families, The end of summer isn't the end of the world. Here's to October!

The season of Autumn has returned – with its brilliant colors and cool temperatures.

Let the leaves fall and new adventures begin as we embrace the beauty of the changing seasons.

May your days be filled with sunshine,



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MAKE A PIE	<b>P</b>	MAKE FALL CRAFTS
VDDI E DICKING		HAVE A CAMPEIRE















🟡 CARVE PUMPKINS

➡ FALL DRINKS

**FALL FESTIVAL** 



Employee of the Month Shaquelle Bain

I have always felt drawn to healthcare because I love helping people and making a difference in their lives. It is not just treating illness, but about being there for people during some of their hardest moments.

My future goal is to keep growing in this field, working in health education & prevention care and eventually take a role where I can have an even bigger impact. The best part of my job is connecting with residents, hearing their stories, and knowing that I'm helping them feel better of just being a source of comfort when they need it most.

> Congratulations Shaquelle!!!

Reside ~ Reflect ~ Relax

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		1 10:00 Daily exercise 11:00 Craft with Kristi & Jan 12:00 Devotions 2:00 B.I.N.G.O	2 10:00 Sittercise 11:00 Coloring & Puzzles 12:00 Bible Trivia 2:00 Live Entertainment Dan the Piano Man	3 10:00 Sit & Be Fit 11:00 Devotion 2:00 Basket Ball	4 10:00 Strength & Stability 11:30 Sing– Along 12:00 Devotion 2:00 Hangman game	5 Personal Time	October 2024 Life Enrichment
6 Personal Time	7 10:00 Light & Lively 11:00 Coloring with friend 12:00 Devotion 2:00 Card Games	8 10:00 Exercise 10:00 Craft with Bethesda Farm 12:00 Bible Trivia 2:00 "How It's Made"	9 10:30 Dog Therapy 12:00 Devotion 2:00 Craft	10 11:00am Live entertainment Beauty Salon	11 10:00 Sit & Be Fit 11:30 Sing-Along 12:00 Devotion 2:00 Balloon Tennis	Personal Time	Calendar Wish List
13 Personal Time	14 10:00 Wheelchair Fitness with Paul 12:00 Devotions 2:00 Cards game Basket Ball	15 10:00 Strength & Stability 11:00 Coloring & Puzzles 12:00 Devotion 2:00 Food tasting	16 11:00 Fall Drive Trip to Robinetts	17 Fall Picnic	18 10:00 Strength & Stability 11:30 Sing-Along 12:00 Devotion 2:00 Fall Bingo	19 Personal Time	□ Paint Brushes □ Craft Paint □ Craft Kits
20 Personal Time	21 10:00 Sittercise 12:00 Daily Devotion 2:00 Bean Toss Puzzles Happy Birthday Theresa	10:00 Exercise 12:00 Devotion 2:00 "Would you Rather" game Traveling snack cart	23 10:00 Light & Lively 12:00 Devotion 2:00 Penny Andy game Afternoon Stroll	24 10:00 Memory Game 12:00 Bible Feature Beauty salon	25 10:00 Exercise 11:30 Sing-Along 12:00 Devotions 2:00 Basket Ball/Popcorn	26 Personal Time	Resident: 10/21 Theresa T Staff:
27 Personal Time	28 10:00 Coloring & Coffee with friends 12:00 Devotion 2:00 "Hangman" game Let's Make a Deal	29 10:00 Brain Teaser 12:00 Women of the Bible 2:00 Nail Spa	30 10:00 Sit & Be Fit 11:00 Cookie Making12:00 Devotion 2:00 Balloon Tennis	31 10:00 Exercise with Sharon 2:00 "How It's Made"			10/18 Faith L