


NOVEMBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Devotions are daily during Sit & Be Fit/Exercise</p> <p>Hair Salon with Stacie Once a week</p>	<p>Men's & Ladies Groups Most Fridays - 3 PM</p> <p>Calendar Subject to Changes</p>				<p>1 10 AM Bus Color Tour & Donuts 10:30 AM St Therese Communion</p>	<p>2 2 PM Movie & Popcorn</p>
<p>3 DAYLIGHT SAVINGS FALL BACK ONE HOUR 2 PM Calvary Church of Wayland</p>	<p>4 National Candy Day 10 AM - Bingo 1:30 PM - Seated Stretches 3 PM November Birthday Party</p>	<p>5 10 AM - Darcy & Walker Therapy Dog Sit & Be Fit Thankful Turkey 11 AM - Manicures & Music 2 PM - Foot Spas</p>	<p>6 10 AM Forgetful 4 Music 11:30 AM - Sit & Be Fit Table Bowling 2 PM - Craft with Cindy</p>	<p>7 10 AM - Bingo 1:30 PM - Sit & Be Fit That's It! Game 3 PM - Birthday Remembrance for Ruth</p>	<p>8 10 AM Balloon Beach Volley 11:30 AM Leadership Fun</p>	<p>9 Fall Bazaar 10 AM - 2 PM Puzzles & Games Available in Large Living Rooms</p>
<p>10 TV Church Programs</p>	<p>11 HAPPY VETERANS DAY 10 AM - Veterans Day Social with Pastor Bob 1:45 PM Hymns with Connie 2:45 PM - Bingo</p>	<p>12 Bus Outing Day 10 AM - Sit & Be Fit Random Trivia 3 PM - Walking Group</p>	<p>13 Bus Outing Day 10 AM Country Cat Lady 7 PM - Family Game Night</p>	<p>14 National Pickle Day 10 AM Henika Library 1:30 PM - Bingo 3 PM - Wayland Student Helpers</p>	<p>15 10 AM - Sit & Be Fit Deer Hunting 11:30 - Fun with Leadership 2 PM - Bob DeYoung Music</p>	<p>16 10 AM Stitches & Yarn Ladies Group</p>
<p>17 TV Church Programs</p>	<p>18 10 AM - Bingo 1:30 PM - Sit & Be Fit Who & What Am I? 3 PM - Jenga</p>	<p>19 10 AM Stacy of Heartland Hospice Price is Right Game 11:30 - Manicures & Music 2 PM - Craft with Linda 3 PM - Walking Group</p>	<p>20 National Peanut Butter Fudge Day 10 AM Sing Along with Ed 11:30 AM - Making Peanut Butter Fudge 2 PM - Seated Stretches</p>	<p>21 10 AM - Sit & Be Fit Jeopardy Fun 1:30 PM - Bingo 3 PM - Walking Group</p>	<p>22 10 AM Sit & Be Fit Javelin Throwing 11:30 AM Leadership Fun</p>	<p>23 10:30 AM Peace Church Ladies Group</p>
<p>24 TV Church Programs</p>	<p>25 10 AM - Bingo 1:45 PM Wayland United Methodist 3 PM - Corn Hole</p>	<p>26 10 AM Paul & Joyce Musical Memories 1:30 PM - Sit & Be Fit Words in Word 3 PM Music Group & Munchies</p>	<p>27 10 AM - Sit & Be Fit Thanksgiving Reminisce 11:30 - Corn Hole 2 PM - TV Show & Trivia</p>	<p>28 </p>	<p>29 10 AM Christmas Tree Decorating and Hot Chocolate 1:30 PM - Bingo</p>	<p>30 2 PM Christmas Movie & Popcorn</p>