



2025

February



Schedule subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>February Birthdays Carol S. 2/13 Betty S. 2/23</p>						<p>1 11:00 Brain Fitness 12:00 Catholic Communion 2:00 Movie</p>
<p>2 7:00 David Jeremiah Channel 42 10:30 Worship Channel 4 2:00 Movie</p>	<p>3 10:00 Body in motion 10:30 Dictionary Game 2:00 Bowling</p>	<p>4 10:00 Daily Work out 10:30 Would You Rather 2:00 Art/ Nail care ~Beauty Shop Open~</p>	<p>5 10:00 Wake up and Move 10:30 Memory Tray 2:00 Virtual Travels</p>	<p>6 10:00 Exercises 10:30 Scattergories 2:00 Bingo</p>	<p>7 10:00 Daily Work Out 10:30 Hang Man 2:00 Afternoon Movie</p>	<p>8 11:00 Brain Fitness 12:00 Catholic Communion 2:00 Movie</p>
<p>9 7:00 David Jeremiah Channel 42 10:30 Worship Channel 4 2:00 Movie</p>	<p>10 10:00 Exercise 10:30 Balloon Smack 2:00 Jeopardy</p>	<p>11 10:00 Work out time 10:30 Shopping List Game 2:00 Art/ Nail Care ~Beauty Shop Open~</p>	<p>12 10:00 A.M. Stretches 10:30 Alphabet Soup 2:00 Heart Coasters</p>	<p>13 10:00 Hymn Singing 10:45 Morning Work Out 2:00 Bingo</p>	<p>14 10:00 Rise and Stretch 10:30 Chocolate Covered Strawberries 1:30 Pretty In Pink Party 2:30 The Kitchen Band</p>	<p>15 11:00 Brain Fitness 12:00 Catholic Communion 2:00 Movie</p>
<p>16 7:00 David Jeremiah Channel 42 10:30 Worship Channel 4 2:00 Movie</p>	<p>17 10:00 Morning Work Out 10:30 Would You Rather 2:00 Charm Bracelets</p>	<p>18 10:00 A.M. Aerobics 10:30 20 Questions 2:00 Art/ Nail Care ~Beauty Shop Open~</p>	<p>19 10:00 Exercise 10:30 Balloon Smack 2:00 Rick Mohr</p>	<p>20 10:00 Mindful Bodies 10:30 Bean Bag Toss 1:30 John Marek</p>	<p>21 10:00 Moring Work Out 10:30 Guess Who 2:00 Bingo</p>	<p>22 11:00 Brain Fitness 12:00 Catholic Communion 2:00 Movie</p>
<p>23 7:00 David Jeremiah Channel 42 10:30 Worship Channel 4 2:00 Movie</p>	<p>24 10:00 Daily Exercise 10:30 Tell Me about Yourself 2:00 Snowman Building</p>	<p>25 10:00 Daily Work Out 10:30 TriBonds 2:00 Art/ Nail Care ~Beauty Shop Open~</p>	<p>26 10:00 Moring Work Out 10:30 What Came First 2:00 Cooking With Matt</p>	<p>27 10:00 Morning Exercise 10:30 Name 5 2:00 Bingo</p>	<p>28 10:00 Wake up and move 10:30 Balloon Smack 2:00 Foot Spa Day</p>	